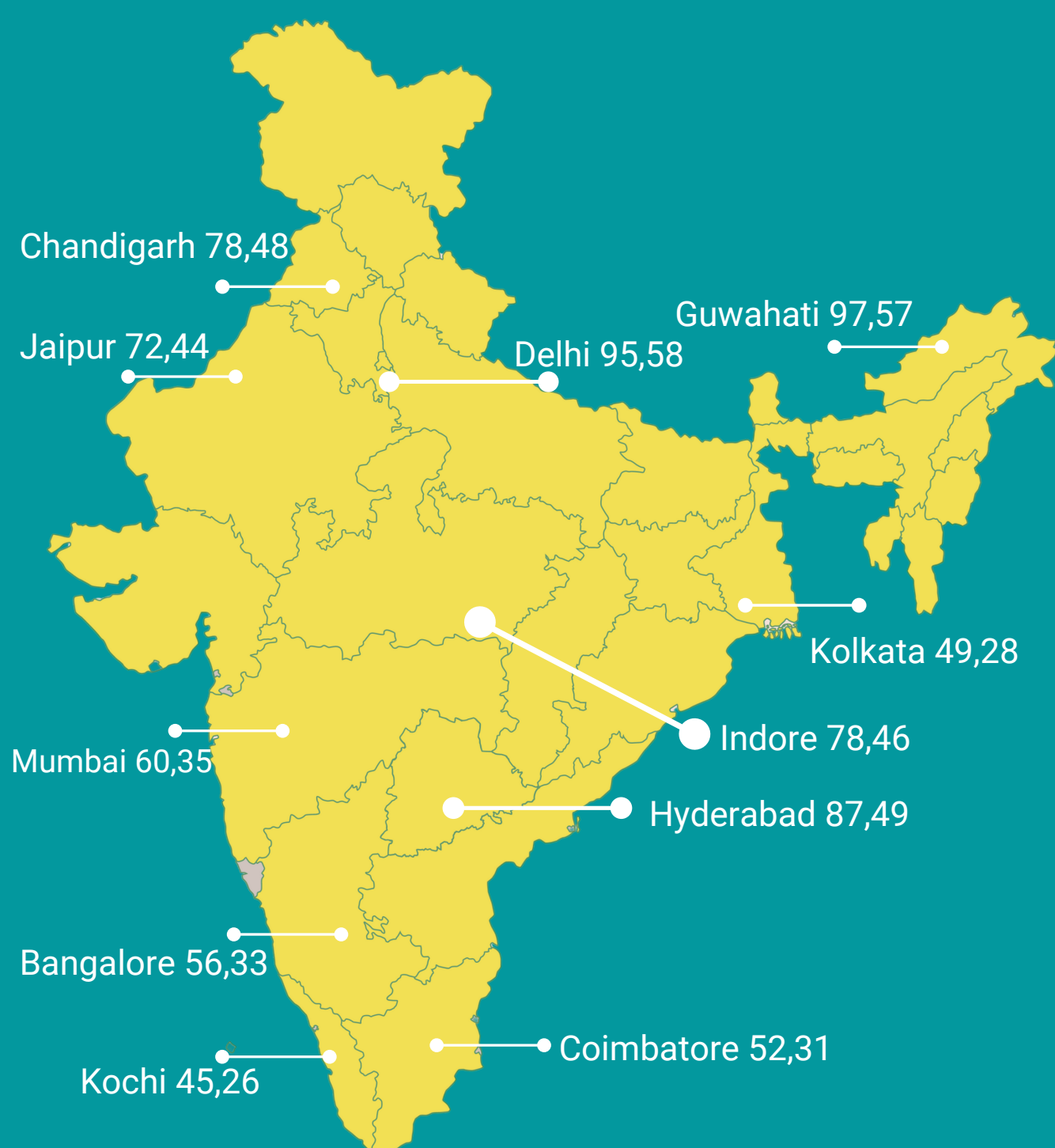


A Mental Health Crisis has arisen in the shadow of the COVID-19 pandemic



Increase of **20%** in mental illness cases in India, within a week of lockdown (Indian Psychiatry Society)

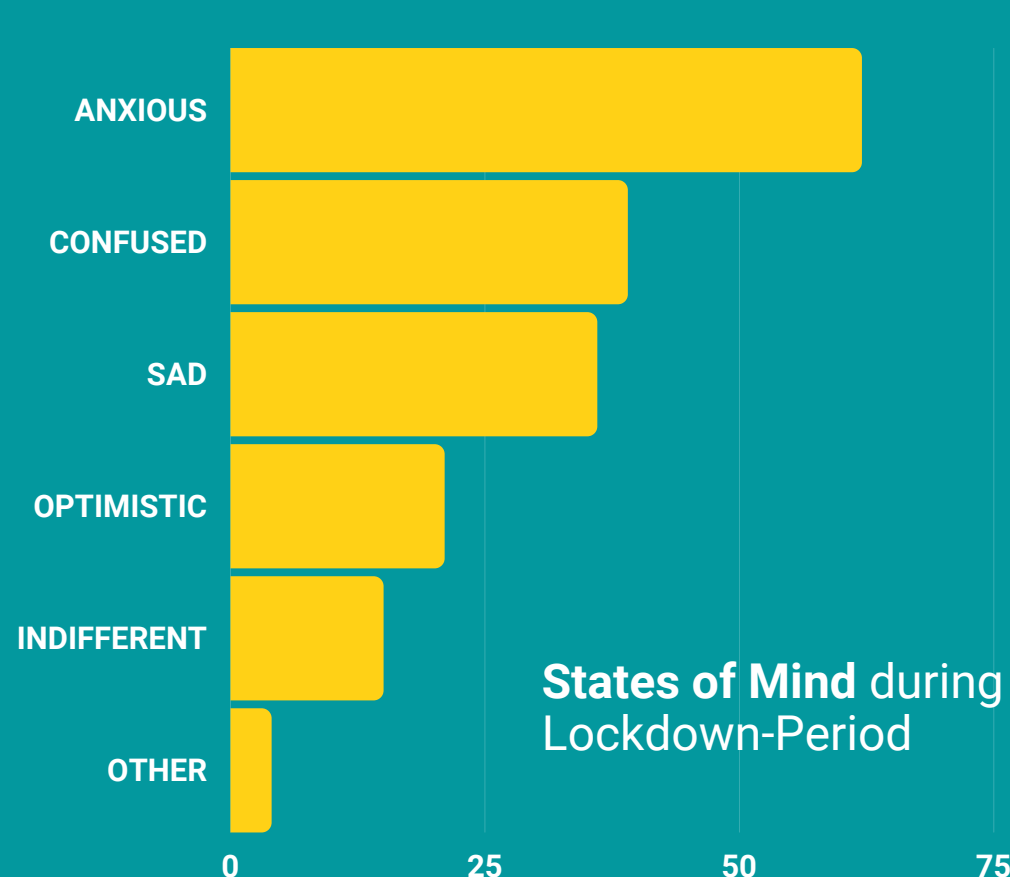
Suicide is the leading cause for over **300 non-coronavirus deaths** (data compiled by a group of researchers)

The State-Wise **Mental Health Index & Coping Index** by TRA Research shows a mixed scenario in India after the COVID-19 pandemic has exacerbated mental health issues

(A higher score (%) indicates better mental health and coping status)

Earning livelihood or losing work is the leading contributor to stress during the lockdown (IMPRI Study)

More than **60%** of respondents reported being anxious or worried during the lockdown



Mental Health through a Gender Lens*

NIMHANS indicated that **150 million** individuals need active psychological intervention

